

Pre-Conference – May 18, 2022

Time	Session	Presentation Title
1:30-5:00	Pre-Conference	<p>Understanding Ethical, Medico-legal, and Treatment Issues in Dealing with Individuals at-Risk of Suicide</p> <ul style="list-style-type: none"> ○ Presenter(s): Dr. Lanny Berman ○ Session Description: As the title states, this half-day workshop will present an in-depth understanding of the standard of care expected of clinical practitioners tasked with assessing and treating patients at risk of suicide. It will dispel some myths in clinicians’ training with regard to conducting a suicide risk assessment, particularly with regard to an over-reliance on expressed suicide ideation as a gateway to that assessment; will overview the most common breaches in the standard of care alleged in malpractice actions; discuss in depth the importance of documentation in avoiding any such allegations from ever being made; and cover a host of ethical and treatment issues that arise in the course of working with at-risk patients, ranging from issues of countertransference, abandonment, confidentiality, competence, consent, the decision to hospitalize, the decision to discharge, and split treatment, to the use of social media and tele-mental healthcare.

Day 1 – May 19, 2022

Time	Session	Presentation Title
8:30-9:45		Registration
9:45-10:00		Welcome
10:00-11:15	Plenary	<p>Transformative Moment: How 988 and Public Messaging Will Reduce Suicide and Mental Health Stigma in America</p> <ul style="list-style-type: none"> ○ Presenter(s): Dr. John Draper ○ Session Description: This keynote presentation will focus on the coming launch of the new 3-digit number (988) for the National Suicide Prevention Lifeline and how it will promote access to lifesaving care and reduce unnecessary use of 911 and emergency departments for people in mental health and suicidal crisis nationwide. Dr. John Draper will provide an overview of the Lifeline’s current scope and effectiveness and how its scale will expand beginning with its official commencement on July 16, 2022. Dr. Draper will also cite evidence and discuss how 988 and public messaging about crisis care and suicide prevention can reduce suicides nationally. He will provide data and descriptions of recent Lifeline-related public health approaches that everyone can take to effectively promote suicide prevention in their own lives and in the communities where they live.
11:30-12:30	Breakout 1A	<p>Student-Led Prevention: Building Community and Connection during Covid-19</p> <ul style="list-style-type: none"> ○ Presenter(s): Katelyn Fowler; Heather McDonnell-Stalnaker ○ Session Description: The WV Collegiate Strategic Prevention Framework Partnerships for Success (C-SPF-PFS) initiative's overall goal is to prevent the onset and reduce the progression of substance misuse and its related problems among higher education students (ages 18 and older) in a 21-county area covering southern West Virginia. The federal grant was awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to Marshall University's Center of Excellence for Recovery and began August 31, 2020. Over the course of the project, baseline data has been used to inform the initiative of effective prevention strategies for the identified community. Student leaders engage in student-led prevention on their respective campuses utilizing CSAP's six prevention strategies. These student leaders are cultivating a culture of prevention and finding purpose for themselves in a time of isolation and disconnect for many students. During the project's first year, the Student Leaders, Project Director, and Epidemiologist have developed a stigma-free website designation project, a prevention podcast, student-led campus prevention organizations, and more. This presentation will examine the work that

		the project has done and is continuing to do throughout the grant and how utilizing student leadership in prevention efforts has created community and purpose among students and engaged professionals.
Breakout 1B	The First Year Experience: Outcomes from Required Suicide Prevention and Awareness for all Freshman Students at Nova Southeastern University	<ul style="list-style-type: none"> ○ Presenter(s): Juliette Hubbard, PsyD; Elizabeth Hilsman, PsyD; Katlyn Bagarella, BA; Christina Castellana, BS; Scott Poland, EdD ○ Session Description: This session will discuss the outcomes from the Nova Southeastern University First Year Experience suicide prevention module. Implications for future research and implementation of university interventions at the primary level are also discussed.
Breakout 1C	Period Problems. It's not just PMS!	<ul style="list-style-type: none"> ○ Presenter(s): Hannah Broadway, MA, LPC ○ Session Description: PMS is seen as so common among menstruating individuals that we often rush past the symptoms instead of seeking deeper understanding and curiosity to assess for a more serious diagnosis such as Premenstrual Dysphoric Disorder (PMDD). PMDD is often underdiagnosed, or shame filled as the suffering individual can have debilitating symptoms one week and magically feel fine the next week. Yet PMDD can lead to suicidality and a greater awareness and understanding is needed for practitioners as well as the lay community.
Breakout 1D	How to Build and Maintain a Campus Peer Mental Health Network	<ul style="list-style-type: none"> ○ Presenter(s): Priscilla Arungwa, PhD; Sam Arungwa, PhD; Casidee Coombs; Sean Wyles; Kimberly Keith; Hasbah Bitsui ○ Session Description: This workshop will teach higher education professionals how to establish their own peer mental health support network on their campus. Topics will include developing mental health wellness goals, incorporating campus data into programming (i.e. Healthy Minds and JED), finding capital to fund the network, hiring and managing student peers, program evaluation, program promotion, and generating support from faculty, staff, and student members. A peer mental health support network is not a new concept and has been successfully implemented at various campuses across the country. Peers are distinct roles from professional counseling. These peer mentors provide referrals and crisis response for various concerns, either face-to-face or virtually, or by phone, using the case management approach. The presenter will also teach participants ways that peers can help students with increased risk for mental health concerns and/or suicidal ideation to create and implement their own Wellness Action Recovery Plan. The presenter worked with Campus Echo/The Campus Suicide Prevention Center in Virginia, in 2021 to establish this program for their campus. A small grant was received from the Utah Division of Multicultural Affairs as seed funding to start the peer mental health network.
Breakout 1E	PA Youth Drug Trends and Prevention Strategies	<ul style="list-style-type: none"> ○ Presenter(s): Denise Herr McCann ○ Session Description: Survey (PAYS) can help us understand what substances youth are using as well as other risky behaviors they are engaging in, while also providing us with data around youth mental health issues. Data from the survey also tell us what risk and protective factors youth are experiencing in their communities. This session will look at PAYS data, discuss the science of addiction, and highlight prevention efforts that work, while debunking myths around common prevention efforts that are not so effective. Understanding how addiction changes the brain is important to developing prevention strategies as well as in helping reduce stigma around substance use disorders.
Breakout 1F	Pennsylvania and Its Approach to 988 and Beyond	<ul style="list-style-type: none"> ○ Presenter(s): Matthew Wintersteen, PhD

		<ul style="list-style-type: none"> ○ Session Description: Beginning in July 2022, individuals nationwide will be able to call 988 to connect to mental health crisis services and support. This session will describe the work that Pennsylvania has done, and continues to do, to increase the capacity and quality of crisis services across the state. Attendees will gain knowledge on strategies that crisis call centers are implementing to prepare for the increased call volume, as well as the plans that the state has for improving the overall crisis continuum for all living in the commonwealth.
12:30-1:30	Lunch	
1:00-1:30	Optional Wellness Activity	
1:45-2:45	Breakout 2A	<p>Learnings from a Decade of Talking Suicide Prevention</p> <ul style="list-style-type: none"> ○ Presenter(s): Dennis Gillan ○ Session Description: Dennis Gillan is an international speaker on suicide prevention and this presentation will help those in higher education with planning a program on this subject. Dennis will share his talk and stories about his travels as a mental health advocate. The talk alone will address risk factors and warning signs and the interspersed stories will detail in his opinion why some programs worked and why some programs were not well received. Dennis will share some of the do's and don'ts about event planning from an interesting perspective---the speaker. The folks in higher education have some unique opportunities to truly educate both faculty and students about mental health. This presentation will serve as a guide to ensure successful programming and the resources to make it happen.
	Breakout 2B	<p>Promoting Help-Seeking and Connectedness for At-Risk Students using AFSP's Interactive Screening Program</p> <ul style="list-style-type: none"> ○ Presenter(s): Laura Hoffman ○ Session Description: The American Foundation for Suicide Prevention's Interactive Screening Program (ISP) provides an innovative way to reach students not likely to seek help on their own. An integral part of a comprehensive suicide prevention strategy on college campuses, ISP is an online platform customized for each participating counseling center where students anonymously take a brief stress and depression questionnaire, and connect with a campus counselor to receive personalized support for connecting to services. The presenter will share the program process, implementation steps, and program outcomes, as well as describe how the program has augmented campus mental health promotion and outreach to students in heightened need of support during the COVID-19 pandemic.
	Breakout 2C	<p>Behind the Backpacks: Inspiring Action for Suicide Prevention (30 minute session)</p> <ul style="list-style-type: none"> ○ Presenter(s): Hayley Harnicher; Amy Gatto, MPH; Emily Meeks, MPH ○ Session Description: This presentation details the transformation of Active Minds' signature suicide prevention program, Send Silence Packing, for a virtual audience entitled "Behind the Backpacks". Behind the Backpacks offers an in-depth look at the stories beyond the backpacks typical of the in-person exhibit. This program highlights the power of storytelling, engages families and young adults in mental health education, connects participants to resources, and inspires action toward suicide prevention by providing access to the moving content online.
	Breakout 2D	<p>CAMS on Campus</p> <ul style="list-style-type: none"> ○ Presenter(s): Dr. Raymond Tucker ○ Session Description: This presentation will provide an overview of the CAMS framework and its empirical support/clinical benefits for both clinical training and for a counseling center populations. Educators and administrators will also receive suggestions for how to incorporate information about CAMS into course curricula. Clinicians will also receive options to consider for receiving additional training in the framework should they choose.
	Breakout 2E	<p>Best Practices in 988 Response</p> <ul style="list-style-type: none"> ○ Presenter(s): Wendy Farmer, LPC, MBA; Debbie Atkins, LPC ○ Session Description: 988 introduces an avenue to rapidly link people experiencing a mental health or addiction crisis to behavioral health services and supports. The model's success requires close partnership with call center, mobile deployment,

		and provider systems, both in-patient as well as out-patient. This session will explain 988's strategy and detail best practices with crisis care delivery.
	Breakout 2F	<p>Addressing Individual and Community Well Being in a Post Pandemic Environment</p> <ul style="list-style-type: none"> ○ Presenter(s): Matthew Walsh, PhD, LPC, NCC ○ Session Description: As higher education navigates the post-pandemic environment, solutions and strategies that are cost-effective and people-centered are imperative for institutions to be viable and sustainable. This presentation will discuss institutional challenges, such as student retention and an increase in mental health demands, and will share specific strategies that promote community wellbeing and connection. The presenters will introduce person-centered communication techniques that are designed to enhance student confidence, increase help seeking behavior, and decrease student stress.
3:00-4:00	Breakout 3A	<p>Interactive Screening Program: Impact of COVID-19 on Utilization Trends Among College Students</p> <ul style="list-style-type: none"> ○ Presenter(s): Bree Gould, PsyD; Stephanie Sibley, PsyD ○ Session Description: The Interactive Screening Program (ISP) is an online screening tool that is used to connect college students who are at-risk for suicidal behavior with campus counseling resources. We will share the trends in utilization of this tool on a college campus pre-pandemic, during pandemic, and post-pandemic. We will discuss the ways that the pandemic has changed the ways that services are provided, possibly permanently, and the ways that students interface with online tools like the ISP have been impacted.
	Breakout 3B	<p>What Happens Next? Building a Sustainable Suicide Prevention Initiative After Grant Funding Ends</p> <ul style="list-style-type: none"> ○ Presenter(s): Stephanie Kastely, PhD, LPC ○ Session Description: The Wayne State University Suicide Prevention Initiative was a three-year grant funded initiative with the goal of developing and implementing a program of education, training, and mental health and suicide prevention awareness. Between 2017 – 2020, over 4000 individuals were trained in suicide prevention and over 20,000 individuals were reached through suicide prevention outreach events. After grant funding ended, the initiative trained an additional 500 individuals during the COVID-19 pandemic and reached over 3,000 individuals through virtual outreach events. The proposed presentation explores how the WSU Suicide Prevention Initiative remains sustainable for university students, staff, and families and continues to have a presence on campus and virtually during ongoing pandemic. The presentation explores with attendees how to discuss suicide prevention with university students, faculty/staff, and families in a way to encourage discussions about mental health without fear and push back against stigma of mental health. Discussion on suicide prevention training in a virtual format and providing mental health outreach events virtually during pandemic will also be discussed.
	Breakout 3C	<p>"Radical Compassion": Working with Individuals Accused of Sexual Misconduct</p> <ul style="list-style-type: none"> ○ Presenter(s): Jamie Edwards-Pasek, JD ○ Session Description: Students who have been accused of sexual misconduct are an overlooked and underserved population at risk for self-harm and suicide. In this session, we will cover schools' obligations with respect to investigating and resolving concerns of sexual misconduct, as well as difficulties experienced by the accused, and the obstacles they may face in receiving adequate support. We will also provide practical and empathetic suggestions for supporting a student who has been accused of doing something terrible, including overcoming our own biases and negative emotions.
	Breakout 3D	<p>Addressing Burnout Through Community-Focused Self-Care (30 minute session)</p> <ul style="list-style-type: none"> ○ Presenter(s): Elaina Seto, RN, BSN ○ Session Description: The work of promoting community healing and reducing the risk of and stigma around suicide is deeply challenging. With such difficult work comes the significant risks of burnout, compassion fatigue, and secondary trauma. Using

		research literature, this presentation will explore these concepts, as well as individual and community-based strategies to maintain wellbeing.
	Breakout 3E	Introduction to Supporting Those at Risk <ul style="list-style-type: none"> ○ Presenter(s): Jesse Putkoski ○ Session Description: This program’s goals are to provide information and resources to family, friends, and others who support those with lived experience, define behaviors and experiences related to suicide, define recovery process, describe ways to show support, and introduce self-care strategies for those who support someone with lived experience. Suggested participants are those who have supported or are supporting a loved one who has struggled or attempted suicide and those interested in learning more, because anyone may need to support someone at some point in time.
	Breakout 3F	Forest Bathing Mindfulness Practice <ul style="list-style-type: none"> ○ Presenter(s): Kathryn Hunninen, MS; Shawn Fertitta ○ Session Description: In this session, participants will be introduced to the benefits of connecting to nature through mindfulness practices and receive resources. Following a brief indoor discussion, participants will head outside to experience mindfulness techniques firsthand. Please dress for the weather.
4:15-5:00	Plenary	Lived Experience Plenary – “Lost and Found” <ul style="list-style-type: none"> ○ Presenter(s): Amanda Blue, MPH ○ Session Description: Amanda Blue lost her husband to suicide and, just four years later, her fourteen-year-old son to the same fate. In this presentation, Amanda will share her story of loss, healing, resilience, and growth. Over more than a decade, Amanda has grappled with acceptance and adaptation, and finally found a path through education and advocacy. She shares her personal story, as well as the insight she has learned through continued education and work in prevention. The message is one of hope, and of action, as we all work to end suicide.

Day 2 – May 20, 2022

Time	Session	Presentation Title
9:00-9:45	Plenary	Pennsylvania Suicide Prevention Task Force: An Overview and Update <ul style="list-style-type: none"> ○ Presenter(s): Perri Rosen, PhD, NCSP; Sara Goulet; Catherine Stetler ○ Session Description: The 2020-2024 Pennsylvania statewide suicide prevention plan was released in September of 2020 and is overseen by the Pennsylvania Suicide Prevention Task Force. Since then, the Task Force has worked to identify suicide prevention initiatives overseen by state agencies and align these with the goals and objectives within the statewide plan. This presentation will highlight key state suicide prevention initiatives, as well as ongoing efforts and next steps of the Task Force.
10:00-11:00	Breakout 4A	I’ve Got Your Back: Student Voices of Suicide Prevention <ul style="list-style-type: none"> ○ Presenter(s): Francesca Pileggi; Mary Pritchard ○ Session Description: In this session, student facilitators will introduce participants to Aavidum, a free student-initiated wellness initiative, and its mission to bolster protective factors against suicide in schools and communities. Participants will learn about suicide, its warning signs and risk factors, protective factors against suicide, and the role educators, communities, and students can play in preventing suicide. Students will share their perspectives on suicide as well as the creative, dynamic ways they use their gifts and talents to prevent suicide in their schools and communities.
	Breakout 4B	Cross-System Collaboration for Screening Individuals at Risk for or Currently Experiencing Mental Health Crises <ul style="list-style-type: none"> ○ Presenter(s): Catherine Van Fossen, PhD; Anna Trout, MSW; Officer Madeline Lewis; Moira Tumelty

		<ul style="list-style-type: none"> ○ Session Description: This session will be a panel discussion about novel collaborations between county mental health, crisis, and law enforcement. Specifically, they will discuss a project piloting a screening initiative to enhance care coordination between crisis and law enforcement in their county.
	Breakout 4C	<p>Northwest Pennsylvania Veteran Suicide Prevention Program</p> <ul style="list-style-type: none"> ○ Presenter(s): Greg Griffith, BA; Samantha Hernandez, BS ○ Session Description: This presentation will provide an overview of Pitt PERU's holistic Veteran suicide prevention program, partner organizations, and cultural considerations for suicide prevention in the Veteran community.
	Breakout 4D	<p>Proactive Prevention and Intervention Practices in Crisis Services: Active Community Engagement</p> <ul style="list-style-type: none"> ○ Presenter(s): Lacie Sampson; Kimberly Snively; Brian Soltys ○ Session Description: This panel discussion will present the role of local crisis services and applied strategies and practices that have proven effective for active community engagement in preventing suicide within our communities. The panel presenters will discuss the process of building community suicide prevention and intervention practices, inclusive of initiating conversation and creating a team of individuals who uphold the role of facilitating and maintaining community-wide suicide prevention efforts. Panel presenters will share experiences in involving the community by engaging stakeholders (i.e. employers, local organizations, government officials, mental health groups), hosting community meetings, formulating community goals, and working with the media to benefit community level suicide prevention efforts. Active community engagement efforts in suicide prevention are informed by the key issues faced within communities (i.e. stigma, social stressors, lack of trained mental health workers, access to mental health care), the resources already available (counseling, primary care, sports clubs, events), and the skills and strengths of individuals and organizations in the community.
11:30-12:30	Breakout 5A	<p>Kindness Calls: Changing Hopelessness During COVID on Campus (30 minute session)</p> <ul style="list-style-type: none"> ○ Presenter(s): Paula Rymer, MSW, LICSW; Samuel Green ○ Session Description: In this session we will be teaching students, staff, and faculty ways to reach out with a simple phone call. We will show how to make kindness calls fit to individual campuses. We will guide attendees toward resource building. We will present development of coping skills for students by utilizing support systems, connection restoration after long periods of isolation, and communication development skills.
	Breakout 5B	<p>I SHARE: Development and Implementation of a Video to Promote Sharing, Connection, and Suicide Prevention</p> <ul style="list-style-type: none"> ○ Presenter(s): Marian Reiff, PhD; Alaina Spiegel, PsyD; Batsirai Bvunzawabaya, PhD; Michael Adjei-Poku, BA; Sabrina Steinberg, BA ○ Session Description: Feedback from gatekeeper trainings suggests a need for additional programming to reach a wide, diverse student audience and to increase comfort with help-seeking. This presentation will discuss the development and implementation of a video that integrates psychoeducational content with student testimonials. The video is designed to support suicide prevention by demonstrating how students reached out for support during times of distress, with the aim of decreasing stigma and encouraging people to share their feelings and seek help. The video also includes signs of crisis and warning signs for suicide, and emphasizes the mental health resources students can access at Penn during times of stress, distress, and crisis.
	Breakout 5C	<p>Did you forget about us, Mr. Surgeon General?</p> <ul style="list-style-type: none"> ○ Presenter(s): Dr. Maura Weir ○ Session Description: After careful review of the US Surgeon General's Youth Mental Health Crisis Advisory from December 2021 the author of this proposal was concerned that young adult was not defined by age or setting. The recommendations seemed to be geared toward secondary schools and the wider community. So, the author took recommendations that could be adapted at the college level and made a shortlist for review. The workshop will discuss these recommendations and how they can be part of a comprehensive suicide prevention strategy at any college campus.

	Breakout 5D	Using Art and Creative Expression to Prevent Suicide <ul style="list-style-type: none"> ○ Presenter(s): Marisa Vicere, MBA ○ Session Description: Jana Marie Foundation harnesses the power of creative expression and dialogue to spark conversations, build connections, and promote mental health and well-being among young people and their communities. Over the past 10 years, Jana Marie Foundation has used various forms of creative expression as a catalyst for improving mental well-being in Central Pennsylvania. Through 12 signature programs, the Foundation works to strengthen protective factors and build stronger communities full of understanding, acceptance, and appreciation. During our time together, JMF president and founder, Marisa Vicere, will discuss how the arts can spark conversation, promote healing, and foster hope. Examples will be explored and discussed.
	Breakout 5E	Lessons Learned from 10 years of Running a Youth Suicide Prevention Awareness Campaign <ul style="list-style-type: none"> ○ Presenter(s): Rose Milani; Julia Mead, MSW ○ Session Description: In this session, we will discuss the details related to running the Prevent Suicide PA PSA contest for youth suicide prevention. This session will focus on the history of running the contest, lessons learned through the years, and the importance of safe and effective messaging. We will also share information about the larger scale awareness efforts and ways to promote the youth voice. We will share insights around how it has had a positive impact on the youth involved.
	Student Track	Student Track – Session 1 <ul style="list-style-type: none"> ○ Presenter(s): Ethan Fields, M.S.Ed; Sophia Gordon; Michael King, MS; Hayley Harnicher; Emily Meeks, MPH; Markie Pasternak, M.S.Ed ○ Session Description: Join students from across Pennsylvania and the nation for this interactive and engaging workshop. Leaders from The Jed Foundation and Active Minds will guide students through presentations and exercises on being active participants in creating a culture which promotes positive mental health and taking an active role in caring for the well-being of the campus. The first session will cover information about trends in mental health and student advocacy nationwide, the work of Active Minds and JED, and how to create an action plan to advocate for change around mental health and well-being on your campus.
12:30-1:30	Lunch	
1:45-2:45	Breakout 6A	Improving Threat Assessment Team Responses to Mental Health Concerns <ul style="list-style-type: none"> ○ Presenter(s): Suzanne Ostling, MA, LPC; Matt McGraw, PhD ○ Session Description: This presentation examines Threat Assessment Team data from a comprehensive community college in rural Appalachia on the importance of recognizing and responding to at-risk individuals demonstrating dangerous or self-injurious behaviors. Utilizing data from over a decade of referrals, the presenters discuss successful interventions and outcomes, on-going challenges, and system failures.
	Breakout 6B	Spring Cleaning Your Website to Increase Student Help-Seeking <ul style="list-style-type: none"> ○ Presenter(s): Danette Gibbs, PhD ○ Session Description: Have you considered how your website may be encouraging or inhibiting students from seeking care and utilizing the resources and services your office provides? This session will encourage participants to examine their website’s goals, audiences, content, tone, and strategies for effectively engaging the groups they are trying to reach. Participants are asked to bring a laptop or mobile device to evaluate a campus website through the lens of the content and strategies discussed.
	Breakout 6C	Managing Secondary Trauma – Care for Helpers <ul style="list-style-type: none"> ○ Presenter(s): Jessica Fenchel, MA ○ Session Description: Our capacity to be present with people is one of the most vital ingredients to quality services. The damaging effects of secondary trauma don’t only threaten our exquisite presence, but also our passion and creativity for our

		work. This session will create clarity on how burnout happens and will provide practical behaviors to manage secondary trauma in a manner that supports career longevity and wellness for behavioral support professionals.
	Breakout 6D	Love Yourself <ul style="list-style-type: none"> ○ Presenter(s): Marisa Vicere, MBA ○ Session Description: Self-care is vital to preserving our own mental and physical health. When we make self-care a priority we can better connect with the people around us. During this presentation we will take a look at the value of self-care and set intentions for creating space where we can prioritize our own self-care plans. Through engaging activities we will provide practical self-care strategies that can be implemented in your daily routine.
	Student Track	Student Track – Session 2 <ul style="list-style-type: none"> ○ Presenter(s): Ethan Fields, M.S.Ed; Sophia Gordon; Michael King, MS; Hayley Harnicher; Emily Meeks, MPH; Markie Pasternak, M.S.Ed ○ Session Description: Join students from across Pennsylvania and the nation for this interactive and engaging workshop. Leaders from The Jed Foundation and Active Minds will guide students through presentations and exercises on being active participants in creating a culture which promotes positive mental health and taking an active role in caring for the well-being of the campus. The second session will focus on identifying those priorities and working in small groups with advice from JED and Active Minds on how to start making those changes back on your campus.
3:00-3:45	Closing	Closing Remarks from Active Minds/JED

Key & Important Note

*** You may attend ANY sessions you want, regardless of their affiliation. You do not need to stick to HESPC or PSPA sessions only. ***

Pre-Conference Session

Plenary Sessions

HESPC/College based sessions

PSPA/Community based Sessions

Student Track Sessions